

Go blue NU

Second-hand smoke
has no place in our homes and vehicles

3 Things You Can Do:

Whether you are a smoker or a non-smoker, everyone can help protect our children.
Everyone can help create a smoke-free future. Everyone can help NU go blue.

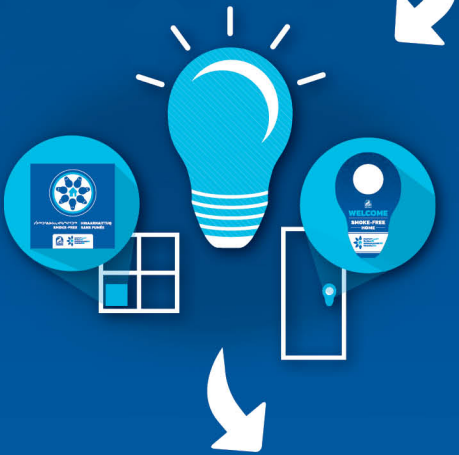
1 GO SMOKE-FREE

Making our homes and cars smoke-free is all about protecting those we love. Please smoke outside!



2 GO BLUE

Announce that your home is now smoke-free to friends and family by putting a blue light bulb on your porch, use the door hanger on your door, or place the GoBlueNU poster in your window.

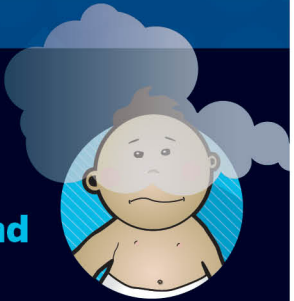


3 GO SPREAD THE WORD

By going BLUE you are speaking up and spreading the message that second-hand smoke has no place in our homes and cars. Head onto Facebook and tell us how you went BLUE and help come up with ideas for other to go blue too!




What is second-hand smoke?



Second-hand smoke is when you breathe in smoke from someone's cigarette. Breathing in this smoke is just like smoking – and it is **very** dangerous.

Second-hand smoke contains over 4000 chemicals – many of these have are proven to be toxic. Any kind of smoke is bad for us, but is especially harmful to children, who have much smaller lungs and weaker immune systems.

Can you find the arctic animal hidden in the Go Blue NU logo?

 Log onto the Tobacco Has No Place Here Facebook page on May 31, 2015 to find out!



More info about how you can be a part of the change:
facebook.com/tobaccohasnoplacehere

