ᐃᑲᔪᖅᑕᐅᓂᖅ ᐊᒻᒪᓗ ᑕᑎᒃᓴᓕᐅᕐᓂᖅ

ᓱᕐᕋᖕᓇᖅᑐᖅ ᐊᒃᑐᖅᓯᒃᐸᑦ ᐃᓱᒪᒃᑯᑦ
ᖃᓄᐃᙱᑦᑎᐊᕈᓐᓇᕐᓂᕐᒥᒃ,
ᐃᓅᖃᑎᖃᖅᐸᖕᓂᕐᒧᓪᓘᓐᓃᑦ,
ᖃᔅᓯᑲᓪᓚᖕᓂᒃ ᐃᑲᔪᖅᑐᐃᔾᔪᑎᑕᖃᖅᐳᖅ
ᐃᑲᔪᕈᓐᓇᖅᑐᓂᒃ.

ᐋᓐᓂᐊᓯᐅᖅᑎᒧᑦ ᐅᖃᖃᑎᖃᕐᓗᑎᑦ.

ᐅᖃᖃᑎᖃᕐᓗᑎᑦ ᐅᒃᐱᕆᔭᕐᓄᑦ
ᐃᓐᓇᕐᓄᑦ, ᐃᓚᖕᓄᑦ ᐱᖃᓐᓇᕆᔭᕐᓄᓪᓗ.

ᐅᖄᓚᓗᑎᑦ ᓄᓇᕗᒻᒥ ᓄᖅᑲᕐᓂᕐᒧᑦ
ᐅᖄᓚᕝᕕᖕᒧᑦ ᐅᕗᖓ
1-866-368-7848
ᑐᓴᖅᑕᐅᔾᔮᙱᑦᑐᒃᑯᑦ
ᐃᑲᔪᖅᑕᐅᔪᒪᒍᕕᑦ ᐃᓅᓯᓕᕆᔨᓂᑦ
ᐃᓄᒃᑎᑐᑦ, ᖃᓪᓗᓈᑐᑦ, ᐃᓄᐃᓐᓇᖅᑐᓐ
ᐅᐃᕖᑐᓪᓘᓐᓃᑦ.

ᐅᖄᓚᐅᑎᕋᓛᒃᑯᑦ ᑎᑎᕋᕐᕕᒋᓗᒋᑦ
NUQUITS 123456
ᐃᑲᔪᖅᑕᐅᔪᒪᒍᕕᑦ.

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ᑭᓲᕙ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᓂ

(CHS)?
ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᓂ

ᐋᓐᓂᐊᖑᕗᖅ ᑭᓇᑐᐃᓐᓇᑦᑎᐊᒧᑦ
ᐊᒃᑐᐃᔪᓐᓇᖅᖢᓂ ᐊᑯᓂᓗᐊᖅ
ᓱᕐᕋᖕᓇᖅᑐᖅᑐᖃᑦᑕᖅᑐᓄᑦ.

ᐃᓄᐃᑦ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ
ᐋᓐᓂᐊᕆᔭᐅᓲᒥᒃ ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓃᑦ
ᒥᕆᐊᙳᕐᔪᐊᖃᑦᑕᖅᐳᑦ ᒥᕆᐊᑲᑕᒃᐸᒃᖢᑎᒡᓗ
ᐊᐅᓚᑕᒃᓴᐅᙱᑦᑐᒥᒃ.

ᓱᖅᑯᐃᕐᓇᕈᑎᖏᑦ

ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᓂ:

ᒥᕆᕿᓐᓂᖅ

ᒥᕆᐊᙳᓂᖅ

ᓈᕐᓗᓕᕐᓗᑎᑦ

ᓂᕆᖏᓐᓂᖅᓴᐅᓂᖅ
ᓴᓗᒃᑎᑉᐸᓪᓕᐊᓂᕐᓗ

ᑎᒥᒃᑯᑦ
ᐃᒪᖃᙱᓗᐊᕐᓂᖅ

ᖃᓄᖅ ᑲᒪᒋᔭᐅᔪᓐᓇᖅᐸ

ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ

ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᓂ

ᐋᓐᓂᐊᓯᐅᖅᑎᒧᑦ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᖅᐳᑎᑦ
ᑲᒪᒋᔭᖃᕐᓂᕐᒥᒃ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ
ᐋᓐᓂᐊᕆᔭᐅᓲᒧᑦ ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᑎᑦ.
ᖃᓄᐃᓐᓂᕆᔭᐃᑦ ᒪᓕᒡᓗᒍ,
ᐃᒻᒥᖅᓱᖅᑕᐅᑐᐃᓐᓇᕆᐊᖃᖅᐳᑎᑦ, ᐄᔭᒐᖅᑎᑕᐅᓗᑎᑦ
ᒥᕆᐊᙳᔪᓐᓃᖅᑎᑦᑎᔪᓐᓇᖅᑐᒥᒃ ᒥᕆᐊᑲᑕᒍᓐᓃᕐᓗᑎᓪᓗ
ᐊᓯᖏᓐᓂᒡᓘᓐᓃᑦ ᐃᓅᓕᓴᐅᑎᓂᒃ.

ᖃᓄᖅ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ

ᐋᓐᓂᐊᕆᔭᐅᓲᑦ ᐱᑦᑕᐃᓕᔭᐅᔪᓐᓇᖅᐸ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᔪᓄᑦ?

ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᐱᑦᑕᐃᓕᔭᐅᔪᓐᓇᖅᐳᖅ ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᔪᓄᑦ
ᑭᓯᐊᓂ ᓱᕐᕋᖕᓇᖅᑐᑐᖅᑕᐃᓕᒪᓗᓂ.

ᐊᑲᐅᓯᕚᓪᓕᕐᓂᕐᒧᑦ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ
ᐋᓐᓂᐊᕆᔭᐅᓲᑦ ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᓂ,
ᐊᑲᐅᓛᖑᕗᖅ ᓱᕐᕋᖕᓇᖅᑐᖅᑐᖃᑦᑕᕈᓐᓃᕐᓗᓂ.

ᑕᒪᕐᒥᑲᓴᒃ ᐃᓄᐃᑦ

ᐱᐅᓯᕚᓪᓕᓲᖑᕗᑦ
ᐱᓇᓱᐊᕈᓰᒃ
ᒪᕐᕉᙳᓚᐅᖅᑎᓪᓗᒍ
ᓱᕐᕋᖕᓇᖅᑐᒥᒃ
ᓄᖅᑲᓚᐅᖅᑎᓪᓗᒋᑦ.

ᖃᐅᔨᔾᔪᑕᐅᓯᒪᔪᑦ

ᐅᑎᕈᓐᓇᖅᐹᑦ?
ᐄ. ᐃᓄᖕᓄᑦ ᐊᑐᖅᓯᒪᔪᓄᑦ ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ
ᐋᓐᓂᐊᕆᔭᐅᓲᑦ ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᔪᑦ,
ᒥᑭᑦᑑᒐᓗᐊᒥᒃ ᓱᕐᕋᖕᓇᖅᑐᑐᕐᓗᓂ
ᓴᖅᑭᑎᑦᑎᒃᑲᓐᓂᓕᕈᓐᓇᖅᐳᖅ ᖃᐅᔨᔾᔪᑕᐅᓯᒪᔪᓂᒃ.

ᖃᓄᐃᓕᐅᕆᐊᖃᖅᐳᖓ ᖃᐅᔨᔾᔪᑕᐅᓯᒪᔪᓂᒃ ᐃᒃᐱᖕᓂᐊᒍᒪ?

ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᓂᒃ ᐋᓐᓂᐊᕆᔭᐅᓲᓂᒃ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅᑐᕕᓂᐅᓗᑎᑦ
ᐃᒃᐱᖕᓂᐊᔭᖃᕋᓱᒋᒍᕕᑦ:

ᓱᕐᕋᖕᓇᖅᑐᖅᑐᖃᑦ-
ᑕᕈᓐᓃᕐᓗᑎᑦ.

ᐃᒪᕐᒥᒃ ᐃᒥᖅᐸᒡᓗᑎᑦ ᑎᒦᑦ ᐃᒪᖃᖅᑏᓐᓇᕆᐊᕐᓗᒍᓗ.

ᐋᓐᓂᐊᕕᓕᐊᕐᓗᑎᑦ ᐋᓐᓂᐊᓯᐅᖅᑎᒧᓪᓘᓐᓃᑦ
ᐅᖃᖃᑎᖃᕐᓗᑎᑦ.

ᐋᓐᓂᐊᓯᐅᖅᑎ
ᐅᖃᐅᑎᓗᒍ ᖃᓄᑎᒋᑦ

ᓱᕐᕋᖕᓇᖅᑐᖅᑐᖃᑦᑕᕐᒪᖔᖅᐱᑦ
ᐊᒻᒪᓗ ᑎᒦᑦ
ᖃᓄᐃᖃᑦᑕᕐᒪᖔᖅ. ᑕᒪᓐᓇ
ᐃᑲᔪᕋᔭᖅᐳᖅ ᑕᒻᒪᖅᑕᙱᑐᒥᒃ
ᖃᐅᔨᓴᖅᓯᓂᕐᒥᒃ

ᑲᒪᒋᔭᕆᐊᖃᕐᒪᖔᖅᐱᓗ.

ᓇᓗᓇᐃᖅᓯᔾᔪᑕᐅᓯᒪᔪᖅ

ᐋᓐᓂᐊᕆᔭᐅᓲᑦ
ᓱᕐᕋᖕᓇᖅᑐᑐᓗᐊᖅ-ᑐᕕᓂᐅᓗᓂ

ᓱᕐᕋᖕᓇᖅᑐᒥᒃ ᐊᑐᖅᑎᓕᒫᑦ

ᖃᐅᔨᒪᔭᕆᐊᖃᖅᑕᖏᑦ

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